

## Roadmap how to implement CATs in daily care for people with diabetes

### Phase 1

#### Objective

Select domains of CAT relevant for your group of patients with diabetes and your practice

#### Activities

- Determine your goals and patient groups for collecting CAT and which domains you want to assess
- Determine what will be done with issues determined by the CATs
- Check the literature if these domains have been validated in your target population
- Check at your local PROMIS website (<https://commonfund.nih.gov/promis/index>) if these domains have been translated in your language

### Phase 2

#### Objective

Implement the relevant CAT domains into your electronic patient dossier, so your patients can fill them out (at home or in the clinic before the start of the appointment).

#### Activities

- Determine how often and what time intervals your patients will fill out these CAT domains
- Find a supplier that can implement CATs technique into your electronic patient dossier, which automatically scores and presents you, the nurses and the patient with the domain scores and changes in scores during your consult

### Phase 3

#### Objective

Perform a process evaluation to assess the extent to which CATs are being used and help clinical decision making and to provide insight in the barriers and facilitators.

#### Activities

- Interview patients and co-workers to assess which barriers and facilitators they see for implementation
- Evaluate the log data of the interface to assess how, when and whom accessed the CATs